

YOUNG COACHES HOCKEY PROGRAM (YCHP)

Lac St Louis Lions Integrated Structure



Guy Boucher made his way up the ranks as a young coach and is now the head coach of the Tampa Bay Lightning.

Developing our younger coaches through workshops

- Importance of practice planning
- Designing and implementing an annual plan
- Teaching skills and tactics effectively

YCHP Mission

The YCHP was designed to attract new coaches and to monitor existing coaches in the Lac St Louis region that are between the ages of eighteen and twenty five years old.

The emergence of younger coaches into the structure will bring a brand new approach into the

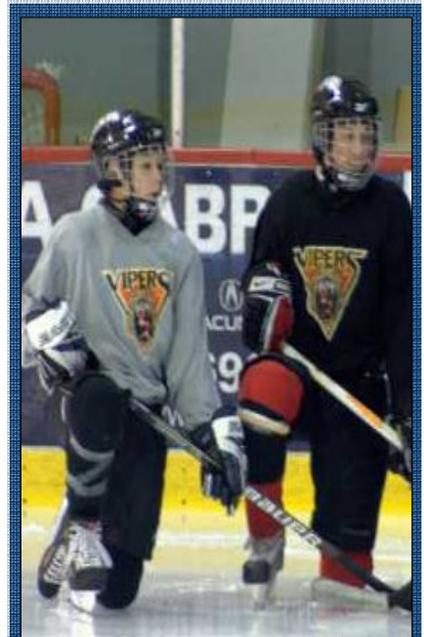
development of hockey players as well as a heightened energy level and excitement around the region.

How To Get Started

To promote the YCHP within the LSL Structure, we will be asking upon the full commitment and cooperation of the six associations. (Lakeshore, West Island, DDO, Versant Ouest, Deux Rives and Lachine.) We would like each association to have a pivotal role in the development of the program by providing the following:

- A short summary of the program on the associations website
- Putting up posters in your home arena
- Spreading the word that we are looking for young coaches
- Police Background checks

“COACHING is the Universal language of CHANGE and LEARNING.”





Basic Guidelines & Procedures

Every potential applicant that fills out a YCHP application will be entitled to an interview with a member of the YCHP committee.

After the interview, the application will be sent off to the association that the interviewee has expressed interest in.

The association is then responsible to contact the applicant and set up an interview within their organization.

If the organization decides that they are not interested in this applicant after they have conducted their interview, the YCHP will send out the applicant's information to the other five associations.

Monitoring & Mentoring

Every new or current coach in the LSL region that is under twenty five years old will be evaluated and mentored by the YCHP.

We will have several coaches' conferences throughout the year directed by Mike Flaherty and James Lapierre. All the coaches will have to attend these workshops that will guide them in the right path to becoming better coaches.

The YCHP will also be evaluating each coach in the program several times during the course of a winter season in both practices and behind the bench in a game. Coaches will be asked to provide their annual plan each month to the YCHP and will also need to complete the necessary Hockey Quebec certifications within their first season.

We would also like these coaches to participate in such events as the Defi Best Buy, Defi de la condition physique, testing sessions and the programme enrichi.

